

(62) 10 km Nordic Walking

| Rang | Name und Vorname | Jg | Land Ort | Team | Zeit | Abstand | Stnr |
|------|-----------------------------|------|--------------------|--------------------|-----------|---------|------|
| 1. | Wilfinger Alex | 1946 | Walenstadt | | 1:11.54,8 | ----- | 6209 |
| 2. | Truetsch Marcel | 1977 | Flawil | MTC Flawil | 1:12.29,8 | 0.35,0 | 6194 |
| 3. | Schoch Paul | 1955 | Rorschacherberg | | 1:13.33,9 | 1.39,1 | 6159 |
| 4. | Blattmann Werner | 1961 | Richterswil | | 1:14.37,9 | 2.43,1 | 6023 |
| 5. | Perrotta Salvatore | 1967 | Gossau SG | | 1:15.55,7 | 4.00,9 | 6383 |
| 6. | Strotz Silvio | 1962 | Gossau SG | | 1:16.19,4 | 4.24,6 | 6181 |
| 7. | Studer Thomas | 1957 | St. Gallen | | 1:16.46,8 | 4.52,0 | 6183 |
| 8. | Ritter Doris | 1960 | FL-Mauren FL | | 1:16.48,3 | 4.53,5 | 6141 |
| 9. | Fenk Doris | 1960 | Hinterforst | | 1:16.52,3 | 4.57,5 | 6472 |
| 10. | Ehrbar Miriam | 1976 | Bischofszell | | 1:17.01,7 | 5.06,9 | 6041 |
| 11. | Baumann Ursula | 1968 | Degersheim | Migros | 1:17.10,6 | 5.15,8 | 6011 |
| 12. | Sigg Regula | 1954 | Winterthur | LSV Winterthur | 1:17.33,7 | 5.38,9 | 6164 |
| 13. | Collenberg Giusep | 1951 | Illanz | | 1:17.43,5 | 5.48,7 | 6033 |
| 14. | Koch Cécile | 1959 | Sommeri | FR Sommeri | 1:17.45,3 | 5.50,5 | 6098 |
| 15. | Wohlgemuth Roger | 1967 | Tübach | Gemeinde Tübach | 1:17.45,7 | 5.50,9 | 6210 |
| 16. | Trütsch Marc | 2001 | Flawil | MTC Flawil | 1:19.12,8 | 7.18,0 | 6195 |
| 17. | Ammon Lucia | 1955 | Altstätten SG | | 1:19.14,7 | 7.19,9 | 6002 |
| 18. | Foppa Arpagaus Flurina | 1976 | Domat/Ems | | 1:19.22,4 | 7.27,6 | 6047 |
| 19. | Lauffer Matthias | 1965 | Hettlingen | | 1:19.32,6 | 7.37,8 | 6108 |
| 20. | Rutishauser Stefan | 1963 | Winterthur | | 1:19.39,2 | 7.44,4 | 6146 |
| 21. | Signer Marie-Theres | 1959 | Waldstatt | | 1:19.50,1 | 7.55,3 | 6166 |
| 22. | Keller Bruno | 1959 | Niederhelfenschwil | | 1:19.53,3 | 7.58,5 | 6473 |
| 23. | Kellenberger Manuela | 1980 | Abtwil SG | | 1:19.53,9 | 7.59,1 | 6091 |
| 24. | Rutishauser-Lauffer Kathrin | 1962 | Winterthur | | 1:19.58,5 | 8.03,7 | 6148 |
| 25. | Dürig Sandra | 1967 | Niederhelfenschwil | Spitex on Tour | 1:20.03,3 | 8.08,5 | 6470 |
| 26. | Näf Sandra | 1972 | Engelburg | Tv Engelburg | 1:20.26,6 | 8.31,8 | 6125 |
| 27. | Sturzenegger Monika | 1967 | Waldstatt | | 1:20.27,9 | 8.33,1 | 6184 |
| 28. | Hofer Ariane | 1960 | St. Gallen | | 1:20.56,6 | 9.01,8 | 6071 |
| 29. | Bopp Beatrix | 1965 | Wittenbach | | 1:21.05,6 | 9.10,8 | 6024 |
| 30. | Mettler Ruth | 1972 | Berneck | | 1:21.09,2 | 9.14,4 | 6120 |
| 31. | Scheiber Florian | 1968 | St. Gallen | | 1:21.14,2 | 9.19,4 | 6151 |
| 32. | Kunz Bruno | 1954 | Frasnacht | | 1:21.50,1 | 9.55,3 | 6103 |
| 33. | Germann Sonja | 1973 | Muolen | | 1:21.52,8 | 9.58,0 | 6059 |
| 34. | Kecker Yvonne | 1975 | St. Gallen | United Entenhausen | 1:21.55,7 | 10.00,9 | 6090 |
| 35. | Hardegger Judith | 1962 | Häggenschwil | | 1:22.04,5 | 10.09,7 | 6372 |
| 36. | Epple Corinne | 1974 | Balgach | | 1:22.05,3 | 10.10,5 | 6043 |
| 37. | Weber Regula | 1972 | Balgach | | 1:22.06,5 | 10.11,7 | 6478 |
| 38. | Oertle Karin | 1969 | Grub AR | | 1:22.07,8 | 10.13,0 | 6130 |
| 39. | Ziolko Sandra | 1967 | Roggwil TG | | 1:22.45,3 | 10.50,5 | 6216 |
| 40. | Bärtsch Andrea | 1983 | Berschis | | 1:22.48,5 | 10.53,7 | 6008 |
| 41. | Oesterle Katharina | 1960 | St. Gallen | | 1:22.52,1 | 10.57,3 | 6131 |
| 42. | Tschumper Manuela | 1967 | Ebnat-Kappel | | 1:23.08,2 | 11.13,4 | 6196 |
| 43. | Schwabe Annette | 1962 | Ebnat-Kappel | | 1:23.08,7 | 11.13,9 | 6161 |
| 44. | Neumann Maria Elisabeth | 1958 | Herisau | | 1:23.15,3 | 11.20,5 | 6127 |
| 45. | Steiner Sonja | 1979 | Wittenbach | | 1:23.20,7 | 11.25,9 | 6177 |
| 46. | Steiner Roman | 1978 | Wittenbach | | 1:23.21,3 | 11.26,5 | 6389 |
| 47. | Bischof Magdalena | 1962 | Erlen | | 1:23.25,1 | 11.30,3 | 6019 |
| 48. | Wüst Roland | 1953 | Rebstein | | 1:23.26,1 | 11.31,3 | 6213 |
| 49. | Strasser Gitta | 1945 | Staad SG | | 1:23.31,8 | 11.37,0 | 6179 |
| 50. | Egger Marcel | 1978 | Gossau SG | | 1:23.37,2 | 11.42,4 | 6040 |
| 51. | Lüthi Hans-Ulrich | 1953 | Waldstatt | | 1:23.41,1 | 11.46,3 | 6113 |
| 52. | Scherrer Sabrina | 1999 | Mosnang | | 1:23.48,8 | 11.54,0 | 6152 |
| 53. | Scherrer Willy | 1962 | Mosnang | | 1:23.52,0 | 11.57,2 | 6153 |
| 54. | Lüthi Cécile | 1988 | Wittenbach | | 1:23.55,9 | 12.01,1 | 6112 |
| 55. | Stadelmann Edith | 1970 | Neukirch (Egnach) | | 1:23.57,1 | 12.02,3 | 6387 |
| 56. | Brechbühl Beatrice | 1960 | Herisau | | 1:24.04,5 | 12.09,7 | 6028 |
| 57. | Portner Marianne | 1954 | Oberuzwil | | 1:24.07,8 | 12.13,0 | 6135 |
| 58. | Bianchi Flavio | 1966 | Thundorf | | 1:24.09,4 | 12.14,6 | 6016 |
| 59. | Valotti Brigitta | 1969 | Bronschhofen | | 1:24.20,5 | 12.25,7 | 6197 |
| 60. | Färber Silvia | 1970 | Züberwangen | | 1:24.20,9 | 12.26,1 | 6044 |
| 61. | Wolf Nicola | 1978 | Abtwil SG | | 1:24.37,6 | 12.42,8 | 6479 |
| 62. | Rutishauser Tobias | 1993 | Winterthur | | 1:24.43,8 | 12.49,0 | 6147 |
| 63. | Fleury Silvia | 1969 | St. Gallen | | 1:24.46,1 | 12.51,3 | 6046 |

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| Rang | Name und Vorname | Jg | Land Ort | Team | Zeit | Abstand | Stnr | |
|------|-------------------------|------|----------------|-----------------------------------|-------------------------------|-----------|---------|------|
| 63. | Mathis Myrta | 1957 | St. Gallen | | 1:24.46,1 | 12.51,3 | 6115 | |
| 65. | Sosic Heidi | 1964 | St. Gallen | | 1:24.46,9 | 12.52,1 | 6173 | |
| 66. | Blaser Urs | 1955 | Samstagern | SSC Langnau | 1:24.47,4 | 12.52,6 | 6022 | |
| 67. | Hedinger Susanne | 1966 | St. Gallen | | 1:24.53,4 | 12.58,6 | 6067 | |
| 68. | Rutz Claudia | 1980 | Degersheim | | 1:25.28,8 | 13.34,0 | 6384 | |
| 69. | Haller Dora | 1959 | Wittenbach | | Nordicwalkingtreff Wittenbach | 1:25.31,0 | 13.36,2 | 6066 |
| 70. | Blaser Claudia | 1964 | Samstagern | | 1:25.37,2 | 13.42,4 | 6468 | |
| 71. | Dietschweiler Elisabeth | 1967 | Ganterschwil | Frauenverein Ganterschwil | 1:25.38,2 | 13.43,4 | 6036 | |
| 72. | Oberholzer Paula | 1955 | Gossau SG | | 1:25.41,4 | 13.46,6 | 6128 | |
| 73. | Caviezel Ursula | 1952 | Domat/Ems | | 1:25.41,8 | 13.47,0 | 6469 | |
| 74. | Wolfensberger Annemarie | 1950 | Oetwil am See | smrun | 1:25.55,1 | 14.00,3 | 6211 | |
| 75. | Monaco Helen | 1971 | Muolen | | 1:26.01,5 | 14.06,7 | 6123 | |
| 76. | Germani Monika | 1973 | Muolen | | 1:26.02,0 | 14.07,2 | 6057 | |
| 77. | Hagmann Buschor Nadja | 1975 | St. Gallen | | 1:26.07,1 | 14.12,3 | 6065 | |
| 78. | Giger-Messmer Daniela | 1969 | Flawil | | 1:26.21,8 | 14.27,0 | 6060 | |
| 79. | Blaser Marlies | 1951 | St. Gallen | | 1:26.30,7 | 14.35,9 | 6021 | |
| 80. | Stuedli Margrit | 1954 | Herisau | | 1:26.33,6 | 14.38,8 | 6390 | |
| 81. | Steiger Karin | 1969 | Abtwil SG | | 1:26.33,8 | 14.39,0 | 6176 | |
| 82. | Raschle Isabelle | 1978 | Abtwil SG | 1:26.36,0 | 14.41,2 | 6139 | | |
| 83. | Frei Elisabeth | 1962 | Arnegg | 1:26.37,6 | 14.42,8 | 6049 | | |
| 84. | Vetsch Ernst | 1940 | St. Gallen | | 1:26.43,7 | 14.48,9 | 6198 | |
| 85. | Jung Luzia | 1956 | Andwil SG | | 1:26.49,8 | 14.55,0 | 6087 | |
| 86. | Kuhn Marketa | 1956 | St. Gallen | Migros | 1:26.49,9 | 14.55,1 | 6102 | |
| 87. | Bischof Roger | 1964 | Erlen | | 1:26.56,4 | 15.01,6 | 6020 | |
| 88. | Baumann Arthur | 1960 | Oberbüren | | 1:26.58,1 | 15.03,3 | 6010 | |
| 89. | Egger Claudia | 1975 | Waldstatt | | 1:27.03,4 | 15.08,6 | 6039 | |
| 90. | Hüppi Gabriela Gabriela | 1976 | Waldstatt | 1:27.05,5 | 15.10,7 | 6078 | | |
| 91. | Schmidhauser Elsbeth | 1953 | Halden | 1:27.27,0 | 15.32,2 | 6158 | | |
| 92. | Beck Anna-Lena | 1992 | FL-Triesenberg | 1:27.28,2 | 15.33,4 | 6014 | | |
| 92. | Suppiger Isabella | 1969 | Muolen | 1:27.28,2 | 15.33,4 | 6185 | | |
| 94. | Galliker Valerie | 1990 | Igis | | 1:27.28,4 | 15.33,6 | 6056 | |
| 95. | Budel Magdalena | 1948 | St. Gallen | Guzzi-Truppe | 1:27.55,7 | 16.00,9 | 6031 | |
| 96. | Strässler Astrid | 1964 | Uzwil | | 1:27.58,1 | 16.03,3 | 6221 | |
| 97. | Joos Rosa | 1951 | St. Gallen | Halda-Guzzi | 1:27.58,3 | 16.03,5 | 6086 | |
| 98. | Lang Hedy | 1956 | Appenzell | | 1:28.14,1 | 16.19,3 | 6107 | |
| 99. | Hörler Regula | 1968 | Appenzell | | 1:28.16,0 | 16.21,2 | 6075 | |
| 100. | Heron Doris | 1974 | Sennwald | | 1:28.27,1 | 16.32,3 | 6373 | |
| 100. | Signer Carla | 1980 | Sennwald | | 1:28.27,1 | 16.32,3 | 6386 | |
| 102. | Maissen Rita | 1966 | Appenzell | | 1:28.28,2 | 16.33,4 | 6114 | |
| 103. | Frischknecht Margrit | 1947 | Appenzell | | 1:28.28,3 | 16.33,5 | 6051 | |
| 104. | Koss Ingrid | 1944 | Waldstatt | | 1:28.43,3 | 16.48,5 | 6099 | |
| 105. | Pighi Karin | 1963 | Gossau SG | Langlaufclub St. Gallen Appenzell | 1:28.44,6 | 16.49,8 | 6474 | |
| 106. | Staerkle Yvonne | 1961 | Gossau SG | | 1:28.48,2 | 16.53,4 | 6175 | |
| 107. | De Martin Irene | 1964 | Gossau SG | | 1:28.49,7 | 16.54,9 | 6035 | |
| 108. | Howald Peter | 1946 | Biel/Bienne | | 1:28.58,4 | 17.03,6 | 6077 | |
| 109. | Käppeli Maura | 1965 | Giubiasco | | Dübay | 1:29.01,1 | 17.06,3 | 6089 |
| 110. | Benelli Amos | 1953 | Giubiasco | | Dübay | 1:29.02,3 | 17.07,5 | 6015 |
| 111. | Baumgartner Elsbeth | 1954 | Grabs | | Lauftreff Buchs SG | 1:29.02,5 | 17.07,7 | 6013 |
| 112. | Bachman Linde | 1958 | Wittenbach | | | 1:29.05,8 | 17.11,0 | 6006 |
| 113. | Holenstein Jutta | 1956 | Mörschwil | | 1:29.14,0 | 17.19,2 | 6073 | |
| 114. | Hohl Stephanie | 1985 | Herisau | | 1:29.14,1 | 17.19,3 | 6072 | |
| 115. | Bischof Anita | 1974 | Goldach | Sömmerli-Sprinter | 1:29.16,0 | 17.21,2 | 6018 | |
| 116. | Schürer Tilly | 1953 | Wil SG | | 1:29.51,4 | 17.56,6 | 6160 | |
| 117. | Rubin Karin | 1966 | Diepoldsau | | 1:29.58,7 | 18.03,9 | 6144 | |
| 118. | Bosshard Géraldine | 1980 | Abtwil SG | | 1:30.39,2 | 18.44,4 | 6026 | |
| 119. | Orlando Alexandra | 1970 | Gossau SG | | | 1:30.39,9 | 18.45,1 | 6132 |
| 120. | Koller Miriam | 1989 | Gossau SG | TSV Fortitudo Gossau Unihockey | 1:30.42,9 | 18.48,1 | 6377 | |
| 121. | Fässler Martina | 1989 | Flawil | | 1:30.49,2 | 18.54,4 | 6369 | |
| 122. | Studer Beat | 1964 | St. Gallen | | 1:31.16,1 | 19.21,3 | 6182 | |
| 123. | Hadey Jean-Luc | 1964 | St. Gallen | | 1:31.18,8 | 19.24,0 | 6371 | |
| 124. | Sila Rita | 1960 | Herisau | | | 1:31.27,1 | 19.32,3 | 6167 |
| 125. | Schmid Elvira | 1961 | Abtwil SG | | 1:31.27,3 | 19.32,5 | 6156 | |
| 126. | Amiel Gabriela | 1962 | Rheineck | | 1:31.28,0 | 19.33,2 | 6001 | |

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| Rang | Name und Vorname | Jg | Land Ort | Team | Zeit | Abstand | Stnr |
|------|--------------------------|------|--------------------|--------------------|-----------|---------|------|
| 127. | Meier Brigitta | 1949 | Chur | | 1:31.42,5 | 19.47,7 | 6117 |
| 128. | Doppmann Sonja | 1971 | St. Gallen | | 1:31.51,3 | 19.56,5 | 6037 |
| 129. | Schmid Ilona | 1963 | Teufen AR | | 1:31.52,9 | 19.58,1 | 6157 |
| 130. | Sutter-Falk Simone | 1967 | St. Gallen | | 1:32.10,2 | 20.15,4 | 6188 |
| 131. | Simmen-Sutter Irene | 1958 | Chur | | 1:32.11,7 | 20.16,9 | 6169 |
| 132. | Hutter Elvira | 1966 | Gossau SG | Sömmerli-Sprinter | 1:32.12,9 | 20.18,1 | 6079 |
| 133. | Jäggi Rita | 1963 | St. Gallen | Sömmerli-Sprinter | 1:32.13,9 | 20.19,1 | 6081 |
| 134. | Anhorn Claudia | 1988 | Heiden | | 1:32.15,9 | 20.21,1 | 6005 |
| 135. | Knechtle Isabella | 1979 | Engelburg | | 1:32.46,3 | 20.51,5 | 6094 |
| 136. | Weder Nicole | 1981 | Engelburg | Tv Engelburg | 1:32.47,0 | 20.52,2 | 6205 |
| 137. | Knöpfel Patricia | 1965 | Werdenberg | | 1:32.55,9 | 21.01,1 | 6097 |
| 138. | Keller-Frick Alexandra | 1971 | Appenzell | | 1:33.06,6 | 21.11,8 | 6092 |
| 139. | Büchel-Meier Barbara | 1966 | Appenzell | | 1:33.06,7 | 21.11,9 | 6030 |
| 140. | Mettler Barbara | 1949 | St. Gallen | | 1:33.10,6 | 21.15,8 | 6119 |
| 141. | Dörig Daniela | 1968 | Appenzell | | 1:33.50,7 | 21.55,9 | 6038 |
| 142. | Pötzi Annemarie | 1960 | Salmsach | | 1:34.44,8 | 22.50,0 | 6136 |
| 143. | Schädler Stefanie | 1990 | Kirchberg SG | | 1:34.49,8 | 22.55,0 | 6150 |
| 144. | Zimmermann Melanie | 1985 | Wängi | | 1:34.53,0 | 22.58,2 | 6215 |
| 145. | Brügger Rosmarie | 1970 | Winterthur | | 1:35.01,3 | 23.06,5 | 6029 |
| 146. | Schiesser Alice | 1955 | Abtwil SG | Lauftreff LC Brühl | 1:35.07,8 | 23.13,0 | 6154 |
| 147. | Strässle Meta | 1950 | Wittenbach | | 1:35.22,8 | 23.28,0 | 6180 |
| 148. | Feringa Ewa | 1966 | Werdenberg | | 1:35.38,2 | 23.43,4 | 6045 |
| 149. | Möller Brigitte | 1967 | Speicherschwendi | | 1:35.39,1 | 23.44,3 | 6122 |
| 150. | Krajnc Gabi | 1960 | Speicherschwendi | | 1:35.39,6 | 23.44,8 | 6100 |
| 151. | Senft Simone | 1966 | Neukirch (Egnach) | | 1:35.40,0 | 23.45,2 | 6162 |
| 152. | Göldi Markus | 1957 | Neukirch (Egnach) | | 1:35.40,2 | 23.45,4 | 6062 |
| 153. | Griner Daniel | 1966 | Bischofszell | | 1:35.46,5 | 23.51,7 | 6064 |
| 154. | Walser Andrea | 1967 | Speicher | | 1:35.47,1 | 23.52,3 | 6200 |
| 155. | Gähwiler Annika | 1969 | Gähwil | | 1:35.55,5 | 24.00,7 | 6055 |
| 156. | Thalmann Bernie | 1971 | Gähwil | | 1:35.56,7 | 24.01,9 | 6189 |
| 157. | Strässler Roland | 1959 | Uzwil | | 1:36.16,8 | 24.22,0 | 6222 |
| 158. | Züllig Brigitte | 1953 | Oberuzwil | | 1:36.17,3 | 24.22,5 | 6217 |
| 159. | Jann Sabrina | 1971 | Horn | | 1:36.32,3 | 24.37,5 | 6084 |
| 160. | Python Karin | 1956 | Rheineck | | 1:36.38,5 | 24.43,7 | 6137 |
| 161. | Stoob Maria | 1957 | Sirnach | | 1:36.38,6 | 24.43,8 | 6178 |
| 162. | Krienbühl Karl | 1954 | Rapperswil SG | | 1:36.41,4 | 24.46,6 | 6101 |
| 163. | Zwick Yvonne | 1978 | Niederhelfenschwil | | 1:37.02,2 | 25.07,4 | 6218 |
| 164. | Amstutz Willi | 1949 | St. Gallen | | 1:37.18,0 | 25.23,2 | 6004 |
| 165. | Date Annemarie | 1967 | Oberburg | | 1:37.18,3 | 25.23,5 | 6034 |
| 166. | Sutter Silvia | 1981 | St. Gallen | | 1:37.21,4 | 25.26,6 | 6187 |
| 167. | Sutter Robert | 1950 | St. Gallen | | 1:37.22,7 | 25.27,9 | 6186 |
| 168. | Kliebenschädel Katharina | 1955 | Hauptwil | | 1:37.53,7 | 25.58,9 | 6093 |
| 169. | Eicher Annemarie | 1968 | St. Pelagiberg | | 1:37.55,4 | 26.00,6 | 6042 |
| 170. | Baumgartner Brigitte | 1975 | Hauptwil | | 1:37.56,4 | 26.01,6 | 6012 |
| 171. | Weber Heidemarie | 1954 | St. Gallen | | 1:38.01,3 | 26.06,5 | 6202 |
| 172. | Heggli Madlen | 1957 | St. Gallen | | 1:38.01,7 | 26.06,9 | 6068 |
| 173. | Binder Brigitte | 1975 | Sonnental | | 1:38.33,3 | 26.38,5 | 6017 |
| 174. | Longatti Cornelia | 1974 | Oberbüren | | 1:38.33,5 | 26.38,7 | 6111 |
| 175. | Honegger Felix | 1951 | Gams | | 1:38.37,0 | 26.42,2 | 6219 |
| 176. | Jann Remo | 1970 | Horn | | 1:38.45,1 | 26.50,3 | 6083 |
| 177. | Hutter Magdalena | 1989 | St. Gallen | | 1:40.03,5 | 28.08,7 | 6375 |
| 178. | Gabathuler Silvia | 1962 | Azmoos | | 1:41.12,1 | 29.17,3 | 6053 |
| 179. | Gabathuler Naemi | 2001 | Azmoos | | 1:41.13,6 | 29.18,8 | 6052 |
| 180. | Frehner Irene | 1973 | Wittenbach | | 1:43.56,7 | 32.01,9 | 6048 |
| 181. | Frischknecht Franziska | 1986 | Gais | TV Gais | 1:43.59,4 | 32.04,6 | 6050 |
| 182. | Hostettler Christine | 1985 | Bern | | 1:44.17,1 | 32.22,3 | 6076 |
| 183. | Amstutz Rosmarie | 1945 | St. Gallen | | 1:45.41,0 | 33.46,2 | 6003 |
| 184. | Romer Daniela | 1971 | Bad Ragaz | | 1:51.18,7 | 39.23,9 | 6142 |
| 185. | Vinzens Renate | 1952 | Buchs SG | | 1:51.22,8 | 39.28,0 | 6199 |
| 186. | Kramer Ruth | 1957 | Wil SG | | 1:52.53,2 | 40.58,4 | 6378 |
| 187. | Spiegel Peter | 1948 | Esslingen | smrun | 1:57.00,9 | 45.06,1 | 6174 |

Total klassiert: 187