

# Globus Marathon St. Wendel

## Von Läufern für Läufer

### 28. April 2013



## Globus Marathon St. Wendel 2013 (D) (offizielles Ergebnis)

Datum: 29.04.13  
Zeit: 15:59:18  
Seite: 1

### (18) Marathon Männer M45

| Rang | Name und Vorname<br>Land/Ortschaft<br>Team                          | Jg<br>Gesamtr.      | Zeit<br>Ø/km               | Abstand<br>Stnr       | > Wende 1<br>> Wende 5 | > Wende 2<br>> Wende 6 | > Wende 3<br>> Wende 7<br>> km 21,5 | > Wende 4<br>> Wende 8<br>km 21,5 > Ziel                                           |
|------|---------------------------------------------------------------------|---------------------|----------------------------|-----------------------|------------------------|------------------------|-------------------------------------|------------------------------------------------------------------------------------|
| 1.   | <b>Dörr Hans-Jörg</b><br>Dudenhofen<br>TV Hatzenbühl                | M-OM<br>1965<br>5.  | <b>2:37.24,8</b><br>3.43,8 | -----<br>391          | 6.04,9<br>15.48,8      | 1.<br>1.               | 18.57,0<br>1.                       | 23.59,5<br>1.<br>18.29,5<br>1.                                                     |
| 2.   | <b>Hooß Jörg</b><br>Ottweiler<br>LTF Marpingen                      | M-OM<br>1964<br>7.  | <b>2:44.49,8</b><br>3.54,3 | <b>7.25,0</b><br>61   | 6.32,1<br>16.32,8      | 2.<br>2.               | 19.42,5<br>18.05,0                  | 2.<br>2.<br>25.19,5<br>26.13,4<br>2.<br>2.<br>19.34,0<br>20.18,5<br>2.<br>2.       |
| 3.   | <b>Hawner Frank</b><br>Beckingen<br>LC Rehlingen                    | M-OM<br>1966<br>13. | <b>2:56.15,7</b><br>4.10,6 | <b>18.50,9</b><br>197 | 6.54,0<br>17.43,4      | 3.<br>4.               | 21.19,1<br>19.23,6                  | 3.<br>4.<br>27.09,6<br>27.37,4<br>3.<br>3.<br>20.53,6<br>21.38,9<br>2.<br>3.       |
| 4.   | <b>Aldekamp Andreas</b><br>St. Wendel<br>LTF Marpingen              | M-OM<br>1968<br>16. | <b>2:56.58,5</b><br>4.11,6 | <b>19.33,7</b><br>5   | 6.55,7<br>17.36,7      | 4.<br>3.               | 21.45,1<br>19.19,9                  | 4.<br>3.<br>27.25,1<br>27.48,1<br>4.<br>4.<br>20.51,0<br>21.52,9<br>3.<br>4.       |
| 5.   | <b>Kuhlmann Burckhard</b><br>Reutlingen<br>BSG Bosch                | M-OM<br>1966<br>28. | <b>3:11.20,2</b><br>4.32,0 | <b>33.55,4</b><br>75  | 7.01,0<br>19.28,8      | 5.<br>5.               | 21.46,6<br>20.53,0                  | 5.<br>5.<br>28.31,7<br>31.28,5<br>5.<br>7.<br>22.41,2<br>24.34,6<br>5.<br>6.       |
| 6.   | <b>Pietzsch Thomas</b><br>Saarbrücken<br>LT Phoenix                 | M-OM<br>1968<br>39. | <b>3:18.11,2</b><br>4.41,8 | <b>40.46,4</b><br>105 | 8.03,0<br>20.32,9      | 11.<br>9.              | 24.45,8<br>20.57,6                  | 8.<br>6.<br>32.36,9<br>29.50,0<br>22.<br>5.<br>25.20,5<br>22.39,9<br>20.<br>5.     |
| 7.   | <b>Jakob Armin</b><br>Heusweiler<br>Ltf Köllertal                   | M-OM<br>1964<br>43. | <b>3:23.59,2</b><br>4.50,0 | <b>46.34,4</b><br>200 | 8.04,9<br>20.26,7      | 14.<br>7.              | 25.30,6<br>22.26,5                  | 18.<br>7.<br>31.50,5<br>31.17,2<br>10.<br>6.<br>24.07,8<br>24.48,2<br>8.<br>8.     |
| 8.   | <b>Kupplich Uwe</b><br>Saarbrücken<br>LT Winterberg Saarbrücken     | M-OM<br>1965<br>44. | <b>3:24.00,4</b><br>4.50,0 | <b>46.35,6</b><br>184 | 7.48,1<br>20.29,1      | 9.<br>8.               | 24.47,8<br>22.31,8                  | 9.<br>8.<br>31.25,9<br>32.12,4<br>6.<br>11.<br>24.02,0<br>25.07,5<br>7.<br>10.     |
| 9.   | <b>Dewald Achim</b><br>Nistertal<br>Lauftreff Alpenrod - Nistertal  | M-OM<br>1968<br>49. | <b>3:26.22,0</b><br>4.53,4 | <b>48.57,2</b><br>194 | 8.21,8<br>20.55,2      | 26.<br>10.             | 25.21,4<br>22.57,1                  | 10.<br>14.<br>31.47,6<br>32.07,1<br>8.<br>8.<br>24.51,7<br>24.53,9<br>11.<br>9.    |
| 10.  | <b>Schiele Bernt</b><br>Saarbrücken                                 | M-OM<br>1968<br>52. | <b>3:26.45,8</b><br>4.54,0 | <b>49.21,0</b><br>127 | 8.05,5<br>20.56,4      | 15.<br>14.             | 25.28,7<br>22.52,4                  | 13.<br>12.<br>31.52,9<br>32.13,3<br>14.<br>12.<br>24.54,1<br>25.09,0<br>17.<br>12. |
| 11.  | <b>Klein Dieter</b><br>Schmelz<br>LSG Schmelz-Hüttersdorf           | M-OM<br>1967<br>56. | <b>3:27.08,0</b><br>4.54,5 | <b>49.43,2</b><br>392 | 7.57,1<br>21.02,7      | 10.<br>16.             | 25.31,7<br>22.47,1                  | 22.<br>11.<br>32.02,3<br>32.10,9<br>17.<br>9.<br>24.50,7<br>25.08,7<br>10.<br>11.  |
| 12.  | <b>Blaß Stefan</b><br>Illingen<br>ReckRunners                       | M-OM<br>1967<br>57. | <b>3:27.38,5</b><br>4.55,2 | <b>50.13,7</b><br>14  | 8.03,4<br>20.57,8      | 13.<br>15.             | 25.24,3<br>23.00,2                  | 11.<br>17.<br>31.59,6<br>32.30,3<br>16.<br>15.<br>24.35,2<br>25.19,7<br>9.<br>14.  |
| 13.  | <b>Spangenberg Xaver</b><br>Otterberg<br>Fitness First running Team | M-OM<br>1967<br>58. | <b>3:27.43,4</b><br>4.55,3 | <b>50.18,6</b><br>143 | 8.06,0<br>20.56,0      | 18.<br>13.             | 25.29,8<br>22.53,4                  | 15.<br>13.<br>31.50,3<br>32.14,0<br>9.<br>13.<br>24.53,8<br>25.36,7<br>15.<br>16.  |
| 14.  | <b>Feller Stefan</b><br>Birkenfeld<br>LTF Marpingen                 | M-OM<br>1968<br>62. | <b>3:29.16,3</b><br>4.57,5 | <b>51.51,5</b><br>41  | 7.36,2<br>20.18,3      | 7.<br>6.               | 23.12,8<br>23.08,3                  | 6.<br>19.<br>31.28,5<br>35.43,5<br>7.<br>31.<br>23.51,9<br>28.07,8<br>6.<br>29.    |
| 15.  | <b>Engel Frank</b><br>Siebeldingen                                  | M-OM<br>1967<br>64. | <b>3:29.22,5</b><br>4.57,7 | <b>51.57,7</b><br>182 | 8.07,0<br>21.11,0      | 19.<br>18.             | 25.29,9<br>22.36,3                  | 16.<br>9.<br>31.53,7<br>32.12,2<br>10.<br>15.<br>24.53,6<br>25.55,0<br>14.<br>18.  |
| 16.  | <b>Lorson Jörg</b><br>Saarbrücken                                   | M-OM<br>1968<br>65. | <b>3:29.34,9</b><br>4.58,0 | <b>52.10,1</b><br>86  | 8.08,3<br>21.27,4      | 21.<br>22.             | 25.48,1<br>23.37,1                  | 23.<br>22.<br>33.19,3<br>32.33,6<br>26.<br>16.<br>25.27,0<br>24.38,3<br>22.<br>7.  |
| 17.  | <b>Jeskowiak Hartmut</b><br>Beindersheim                            | M-OM<br>1965<br>67. | <b>3:30.04,0</b><br>4.58,7 | <b>52.39,2</b><br>386 | 8.13,6<br>21.34,0      | 24.<br>24.             | 25.52,0<br>23.27,1                  | 26.<br>21.<br>32.33,6<br>32.20,2<br>20.<br>14.<br>25.10,0<br>25.15,0<br>19.<br>13. |



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### 28. April 2013



## Globus Marathon St. Wendel 2013 (D) (offizielles Ergebnis)

Datum: 29.04.13  
Zeit: 15:59:22  
Seite: 2

### (18) Marathon Männer M45

| Rang | Name und Vorname<br>Land/Ortschaft<br>Team                                  | Jg<br>Gesamtr. | Zeit<br>Ø/km        | Abstand<br>Stnr  | > Wende 1<br>> Wende 5    | > Wende 2<br>> Wende 6     | > Wende 3<br>> Wende 7     | > Wende 4<br>> Wende 8     |
|------|-----------------------------------------------------------------------------|----------------|---------------------|------------------|---------------------------|----------------------------|----------------------------|----------------------------|
| 18.  | <b>Geid Bernd</b><br>Hahnweiler M-OM<br>Chickentown Runners                 | 1966<br>70.    | 3:30.42,0<br>4.59,6 | 53.17,2<br>50    | 8.32,7 34.<br>21.03,5 17. | 25.49,3 24.<br>22.57,8 15. | 32.56,2 24.<br>32.35,3 17. | 25.36,0 24.<br>25.23,7 15. |
| 19.  | <b>Trenz Michael</b><br>Schwalbach M-OM<br>LTF Köllertal                    | 1967<br>74.    | 3:32.38,3<br>5.02,3 | 55.13,5<br>154   | 8.07,4 20.<br>21.20,1 20. | 25.29,6 14.<br>23.17,1 20. | 32.34,3 21.<br>33.11,6 18. | 25.27,8 23.<br>26.43,4 22. |
| 20.  | <b>Braun Joerg</b><br>Kirkel M-OM<br>TV Limbach                             | 1966<br>75.    | 3:33.33,8<br>5.03,6 | 56.09,0<br>17    | 8.08,4 23.<br>20.55,8 12. | 25.26,6 12.<br>22.59,8 16. | 31.52,6 13.<br>33.42,9 20. | 24.53,5 13.<br>28.19,5 30. |
| 21.  | <b>Rahm Hermann</b><br>Bedesbach M-OM                                       | 1965<br>80.    | 3:38.22,2<br>5.10,5 | 1:00.57,4<br>112 | 8.17,6 25.<br>21.21,2 21. | 25.55,1 27.<br>24.41,0 28. | 32.58,1 25.<br>33.19,8 19. | 25.02,3 18.<br>28.44,6 33. |
| 22.  | <b>Görres Andreas</b><br>Trier M-OM<br>Silvesterlauf Trier e.V.             | 1966<br>82.    | 3:39.17,8<br>5.11,8 | 1:01.53,0<br>53  | 8.05,6 17.<br>20.55,3 11. | 25.30,3 17.<br>23.00,5 18. | 31.51,7 12.<br>36.43,8 32. | 24.54,0 16.<br>29.30,8 34. |
| 23.  | <b>Neumann Harald</b><br>Daun M-OM<br>TuS 05 Daun                           | 1968<br>84.    | 3:39.38,1<br>5.12,3 | 1:02.13,3<br>98  | 8.28,5 30.<br>22.51,9 31. | 27.17,2 34.<br>24.59,5 34. | 35.06,2 36.<br>34.10,8 21. | 26.45,1 33.<br>25.45,2 17. |
| 24.  | <b>Phielier Alexander</b><br>Ottweiler M-OM<br>Lauftreff TV Ottweiler       | 1967<br>86.    | 3:40.26,7<br>5.13,4 | 1:03.01,9<br>216 | 8.27,3 28.<br>22.06,3 26. | 27.07,5 30.<br>24.12,4 26. | 33.36,2 27.<br>34.33,9 26. | 25.49,4 26.<br>27.39,0 28. |
| 25.  | <b>Persch Achim</b><br>St. Wendel M-OM<br>Rocklands Kletterhalle St. Wendel | 1966<br>88.    | 3:41.26,5<br>5.14,8 | 1:04.01,7<br>103 | 8.03,1 12.<br>21.28,2 23. | 25.31,6 21.<br>24.02,2 24. | 32.38,7 23.<br>35.13,9 29. | 25.23,5 21.<br>29.43,0 35. |
| 26.  | <b>Weber Jochen</b><br>Quierschied M-OM<br>LA Team Saar - Quierschied       | 1968<br>89.    | 3:41.35,6<br>5.15,0 | 1:04.10,8<br>394 | 8.35,0 35.<br>22.10,2 27. | 27.10,6 31.<br>24.02,1 23. | 34.55,7 34.<br>34.27,6 24. | 25.50,8 27.<br>27.26,9 26. |
| 27.  | <b>Nentwig Axel</b><br>Boos M-OM<br>FV Booser Denkmalinsel                  | 1967<br>90.    | 3:41.40,8<br>5.15,2 | 1:04.16,0<br>95  | 8.28,7 31.<br>22.58,2 33. | 27.15,6 33.<br>24.04,5 25. | 34.59,2 35.<br>34.11,1 22. | 26.38,9 31.<br>26.22,1 20. |
| 28.  | <b>Hedelt Holger</b><br>Mannheim M-OM                                       | 1968<br>97.    | 3:44.06,8<br>5.18,6 | 1:06.42,0<br>57  | 8.29,9 32.<br>22.56,6 32. | 27.18,2 35.<br>24.54,0 31. | 34.53,2 32.<br>34.24,8 23. | 26.41,8 32.<br>27.09,9 23. |
| 29.  | <b>Sprang Holger</b><br>Aachen M-OM                                         | 1964<br>99.    | 3:44.25,5<br>5.19,1 | 1:07.00,7<br>144 | 8.39,6 36.<br>23.27,5 35. | 28.07,2 38.<br>24.31,1 27. | 35.14,4 38.<br>34.30,8 25. | 27.21,7 37.<br>26.36,4 21. |
| 30.  | <b>Reuter Markus</b><br>Zemmer M-OM<br>Erddinger Alkoholfrei                | 1968<br>100.   | 3:44.30,6<br>5.19,2 | 1:07.05,8<br>118 | 8.27,5 29.<br>23.37,1 37. | 27.13,1 32.<br>25.20,8 37. | 35.07,3 37.<br>34.38,9 28. | 27.46,0 38.<br>27.14,5 24. |
| 31.  | <b>Oberbillig Reinhold</b><br>Trier M-OM                                    | 1966<br>101.   | 3:44.42,8<br>5.19,5 | 1:07.18,0<br>101 | 8.30,1 33.<br>23.31,0 36. | 27.18,5 36.<br>24.54,2 32. | 34.55,1 33.<br>35.26,0 30. | 26.49,1 35.<br>27.31,5 27. |
| 32.  | <b>Simon Frank</b><br>Waldböckelheim M-OM<br>TuS 1896 Waldböckelheim        | 1966<br>103.   | 3:45.17,1<br>5.20,3 | 1:07.52,3<br>141 | 8.08,3 21.<br>21.56,1 25. | 25.31,2 20.<br>25.11,1 35. | 32.07,2 18.<br>36.56,3 35. | 25.41,1 25.<br>30.45,0 39. |
| 33.  | <b>Schubert Ralf K.</b><br>Frankfurt M-OM                                   | 1968<br>112.   | 3:50.35,6<br>5.27,8 | 1:13.10,8<br>136 | 7.29,3 6.<br>22.35,0 29.  | 24.42,9 7.<br>25.12,0 36.  | 32.31,4 19.<br>41.44,9 42. | 26.01,6 28.<br>32.08,6 40. |
| 34.  | <b>Pfleger Peter</b><br>Ulmet M-OM                                          | 1965<br>113.   | 3:50.57,1<br>5.28,4 | 1:13.32,3<br>353 | 9.06,6 39.<br>24.59,0 42. | 28.53,5 39.<br>24.42,3 29. | 37.05,3 40.<br>34.35,8 27. | 28.39,9 41.<br>26.19,6 19. |



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## Von Läufern für Läufer

### 28. April 2013



## Globus Marathon St. Wendel 2013 (D) (offizielles Ergebnis)

Datum: 29.04.13  
Zeit: 15:59:26  
Seite: 3

### (18) Marathon Männer M45

| Rang | Name und Vorname<br>Land/Ortschaft<br>Team                       | Jg<br>Gesamtr. | Zeit<br>Ø/km        | Abstand<br>Stnr  | > Wende 1<br>> Wende 5     | > Wende 2<br>> Wende 6     | > Wende 3<br>> Wende 7     | > Wende 4<br>> Wende 8     | > km 21,5<br>km 21,5 > Ziel |
|------|------------------------------------------------------------------|----------------|---------------------|------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|
| 35.  | <b>Loll Uwe</b><br>Saarbrücken M-OM                              | 1967<br>115.   | 3:51.49,7<br>5.29,6 | 1:14.24,9<br>85  | 7.41,9 8.<br>22.34,9 28.   | 25.51,8 25.<br>24.45,3 30. | 33.44,8 28.<br>36.50,5 33. | 26.48,6 34.<br>33.11,0 42. |                             |
| 36.  | <b>Adams Harald</b><br>Lebach M-OM<br>LTF Marpingen              | 1965<br>120.   | 3:54.09,6<br>5.32,9 | 1:16.44,8<br>387 | 8.25,5 27.<br>23.38,1 38.  | 26.26,1 29.<br>26.40,3 41. | 34.09,4 29.<br>38.11,6 40. | 27.10,2 36.<br>30.12,4 38. |                             |
| 37.  | <b>Ratajczyk Andreas</b><br>Rimbach M-OM                         | 1964<br>137.   | 3:57.58,2<br>5.38,3 | 1:20.33,4<br>187 | 9.33,1 43.<br>24.17,7 39.  | 29.18,5 41.<br>26.09,0 38. | 36.52,3 39.<br>36.54,9 34. | 28.20,0 39.<br>28.26,5 32. |                             |
| 38.  | <b>Kreuter Joachim</b><br>Lebach M-OM<br>LLG Wustweiler          | 1966<br>144.   | 4:00.08,5<br>5.41,4 | 1:22.43,7<br>74  | 9.21,1 42.<br>24.32,8 40.  | 29.44,4 42.<br>26.29,0 40. | 37.22,2 42.<br>37.24,4 37. | 28.22,9 40.<br>28.22,4 31. |                             |
| 39.  | <b>Lieser Bodo</b><br>Bildstock M-OM<br>friboi Funrunners        | 1964<br>147.   | 4:01.57,6<br>5.44,0 | 1:24.32,8<br>324 | 8.43,3 37.<br>24.40,9 41.  | 29.01,2 40.<br>26.54,5 42. | 37.13,6 41.<br>38.07,5 39. | 28.55,0 42.<br>29.47,0 36. |                             |
| 40.  | <b>Steimer Jürgen</b><br>Schmelz M-OM<br>LSG Schmelz-Hüttersdorf | 1964<br>151.   | 4:05.00,4<br>5.48,3 | 1:27.35,6<br>147 | 9.18,9 41.<br>25.52,7 45.  | 29.47,9 43.<br>27.40,5 43. | 39.13,8 45.<br>37.24,2 36. | 31.10,8 45.<br>27.19,6 25. |                             |
| 41.  | <b>Hofmann Friedhelm</b><br>Dillendorf M-OM<br>DLR Simmern       | 1965<br>159.   | 4:10.17,2<br>5.55,8 | 1:32.52,4<br>59  | 9.46,9 45.<br>25.23,1 44.  | 30.12,3 44.<br>28.16,6 44. | 38.33,4 44.<br>39.34,1 41. | 29.56,3 44.<br>30.05,2 37. |                             |
| 42.  | <b>Schillo Peter</b><br>Neunkirchen M-OM                         | 1964<br>160.   | 4:10.27,6<br>5.56,1 | 1:33.02,8<br>217 | 9.06,8 40.<br>22.47,4 30.  | 27.26,5 37.<br>24.54,6 33. | 34.32,7 31.<br>37.29,3 38. | 26.06,2 29.<br>32.30,5 41. |                             |
| 43.  | <b>Date Ingo</b><br>St. Wendel M-OM<br>HIL Betriebssport         | 1965<br>182.   | 4:26.27,1<br>6.18,8 | 1:49.02,3<br>31  | 9.43,9 44.<br>25.09,3 43.  | 30.49,6 45.<br>29.37,8 45. | 37.51,6 43.<br>45.52,7 44. | 29.38,5 43.<br>35.46,1 43. |                             |
| 44.  | <b>König Thomas</b><br>Trier M-OM<br>LT Mertesdorf 2001 e.V.     | 1966<br>192.   | 5:19.12,4<br>7.33,9 | 2:41.47,6<br>248 | 11.11,4 46.<br>31.44,5 46. | 36.37,6 46.<br>36.59,0 46. | 48.13,0 46.<br>49.47,1 45. | 38.58,7 46.<br>40.39,5 44. |                             |

#### km 34.1

|     |                                                             |             |                     |             |                           |                            |                            |                      |  |
|-----|-------------------------------------------------------------|-------------|---------------------|-------------|---------------------------|----------------------------|----------------------------|----------------------|--|
| --- | <b>Hamm Bernd</b><br>Eching M-OM<br>SV Landshut- Münchnerau | 1968<br>--- | 3:09.21,3<br>4.29,2 | -----<br>56 | 8.59,2 38.<br>23.08,4 34. | 26.19,1 28.<br>26.28,9 39. | 33.57,9 29.<br>43.55,9 43. | 26.31,9 30.<br>----- |  |
|     |                                                             |             |                     |             |                           |                            | 1:50.50,3 29.              | -----                |  |

#### km 27.6

|     |                                                        |             |                     |              |                           |                            |                      |                      |  |
|-----|--------------------------------------------------------|-------------|---------------------|--------------|---------------------------|----------------------------|----------------------|----------------------|--|
| --- | <b>Raber Roland</b><br>Illingen M-OM<br>LLG Wustweiler | 1966<br>--- | 2:14.17,5<br>3.10,9 | -----<br>111 | 8.05,5 15.<br>21.13,5 19. | 25.30,6 18.<br>22.43,9 10. | 31.51,5 11.<br>----- | 24.52,5 12.<br>----- |  |
|     |                                                        |             |                     |              |                           |                            | 1:44.07,8 12.        | -----                |  |

Total klassiert: 44

