

(18) Jogger Herren

| Rang | Name und Vorname | Jg | Land/Ort | Team | Zeit | Abstand | Stnr |
|------|---------------------|------|-------------------------|------|---------|---------|------|
| 1. | Lombriser Stefan | 1985 | Büsserach | | 13.26,1 | ----- | 59 |
| 2. | Bünz Benedikt | 1992 | Zürich | | 13.27,1 | 0.01,0 | 7539 |
| 3. | Menzi Diego | 1985 | Bern | | 14.08,8 | 0.42,7 | 4506 |
| 4. | Venzi Marco | 1992 | Uzwil | | 14.18,1 | 0.52,0 | 7885 |
| 5. | Marti Stefan | 1981 | Buchs ZH | | 14.23,4 | 0.57,3 | 7656 |
| 6. | Kasper Fadri | 1984 | Wattwil | | 14.26,2 | 1.00,1 | 4480 |
| 7. | Hablützel Roman | 1993 | Märwil | | 14.33,3 | 1.07,2 | 7640 |
| 8. | Santacruz Hugo | 1988 | Schübelbach | | 14.37,9 | 1.11,8 | 7889 |
| 9. | Gort Philipp | 1988 | St. Gallen | | 14.48,1 | 1.22,0 | 4450 |
| 10. | Steiner Pascal | 1994 | Rorschacherberg | | 14.51,4 | 1.25,3 | 4556 |
| 11. | Rüegg Stefan | 1992 | Necker | | 14.52,4 | 1.26,3 | 4526 |
| 12. | Inauen Stefan | 1988 | Brülisau | | 15.00,5 | 1.34,4 | 7695 |
| 13. | Wüst Christian | 1994 | Thal | | 15.02,8 | 1.36,7 | 4574 |
| 14. | Peter Joel | 1988 | Untereggen | | 15.06,5 | 1.40,4 | 7641 |
| 15. | Pfister Andreas | 1990 | Märwil | | 15.22,6 | 1.56,5 | 7639 |
| 16. | Koster Thomas | 1988 | Teufen AR | | 15.28,1 | 2.02,0 | 4492 |
| 17. | Eugster Raphael | 1969 | Gossau SG | | 15.32,1 | 2.06,0 | 4431 |
| 18. | Fürer André | 1984 | St. Gallen | | 15.33,6 | 2.07,5 | 4442 |
| 19. | Züger Stefan | 1963 | Gossau SG | | 15.39,9 | 2.13,8 | 7389 |
| 20. | Allenspach Marcel | 1993 | Niederhelfenschwil | | 15.46,4 | 2.20,3 | 4402 |
| 21. | Bitschnau Andreas | 1987 | Kirchberg SG | | 15.50,0 | 2.23,9 | 7714 |
| 22. | Franchi Stefan | 1989 | Gossau SG | | 15.51,9 | 2.25,8 | 4437 |
| 23. | Aebi Eric | 1994 | Tübach | | 15.58,1 | 2.32,0 | 4400 |
| 24. | Bosshard Cédric | 1990 | Mörschwil | | 16.05,0 | 2.38,9 | 4413 |
| 25. | Bosshard Serge | 1989 | Mörschwil | | 16.05,1 | 2.39,0 | 4414 |
| 26. | Chartouni Michael | 1970 | St. Gallen | | 16.05,2 | 2.39,1 | 4421 |
| 27. | Weiler Roman | 1988 | Teufen AR | | 16.07,0 | 2.40,9 | 7701 |
| 27. | Widmer Marcel | 1993 | Bütschwil | | 16.07,0 | 2.40,9 | 4571 |
| 29. | Fitze Stefan | 1987 | Teufen AR | | 16.12,0 | 2.45,9 | 4436 |
| 30. | Frey Diego | 1988 | Amriswil | | 16.12,3 | 2.46,2 | 4438 |
| 31. | Oswald Noah | 1994 | Oberhelfenschwil | | 16.13,1 | 2.47,0 | 4516 |
| 32. | Inauen Lorenz | 1989 | Appenzell | | 16.15,0 | 2.48,9 | 7687 |
| 33. | Zollinger Marco | 1989 | Herisau | | 16.15,9 | 2.49,8 | 4578 |
| 34. | Schildknecht Beat | 1993 | Hagenwil b. Amriswil | | 16.18,1 | 2.52,0 | 4533 |
| 35. | Rossi Rocco | 1967 | Flawil | | 16.18,4 | 2.52,3 | 4524 |
| 36. | Fiechter Christian | 1987 | Gossau SG | | 16.19,2 | 2.53,1 | 7585 |
| 37. | Baugmann Marco | 1993 | Uzwil | | 16.20,7 | 2.54,6 | 7314 |
| 38. | Düsel Stefan | 1986 | Gossau SG | | 16.20,9 | 2.54,8 | 7262 |
| 39. | Gmünder Reto | 1980 | Arbon | | 16.27,2 | 3.01,1 | 4448 |
| 40. | Steingruber Marco | 1986 | Hundwil | | 16.28,9 | 3.02,8 | 7595 |
| 41. | Bättig Christian | 1987 | Speicher | | 16.32,6 | 3.06,5 | 7702 |
| 42. | Schluop Beat | 1958 | Herisau | | 16.35,2 | 3.09,1 | 4538 |
| 43. | Mathies Andi | 1977 | Gommiswald | | 16.41,7 | 3.15,6 | 7882 |
| 44. | Streiff Kevin | 1994 | Schönenberg an der Thur | | 16.42,0 | 3.15,9 | 4557 |
| 45. | Beck Dominik | 1990 | Gossau SG | | 16.43,8 | 3.17,7 | 4410 |
| 46. | Raith Marco | 1990 | Goldach | | 16.44,5 | 3.18,4 | 4519 |
| 47. | Köpfl Michael | 1976 | Niederwil SG | | 16.44,8 | 3.18,7 | 4491 |
| 48. | Pfändler Lukas | 1990 | Waldstatt | | 16.46,8 | 3.20,7 | 4517 |
| 49. | Zehnder Simon | 1994 | Oberhelfenschwil | | 16.49,9 | 3.23,8 | 4575 |
| 50. | Mettler Lukas | 1995 | Flawil | | 16.50,1 | 3.24,0 | 4509 |
| 51. | Gähler Mirco | 1990 | Teufen AR | | 16.50,6 | 3.24,5 | 4443 |
| 52. | Oertle Walter | 1962 | Gossau SG | | 16.52,5 | 3.26,4 | 4515 |
| 53. | Graf Daniel | 1984 | Winterthur | | 16.56,8 | 3.30,7 | 4451 |
| 54. | Fässler Markus | 1990 | Herisau | | 16.57,7 | 3.31,6 | 7892 |
| 55. | Jung Geröld | 1963 | Oberbüren | | 17.04,1 | 3.38,0 | 7386 |
| 56. | Schönenberger Peter | 1959 | Salez | | 17.05,3 | 3.39,2 | 7651 |
| 57. | Spari Andreas | 1989 | Niederhelfenschwil | | 17.07,5 | 3.41,4 | 4553 |
| 58. | Baur Roland | 1964 | Gossau SG | | 17.11,4 | 3.45,3 | 4409 |
| 59. | Eigenmann Raffael | 1971 | Gossau SG | | 17.12,6 | 3.46,5 | 4428 |
| 60. | Dietrich Kevin | 1990 | Gossau SG | | 17.13,7 | 3.47,6 | 4424 |
| 61. | Graf Thomas | 1982 | Gossau SG | | 17.14,4 | 3.48,3 | 4453 |
| 62. | Kläger René | 1970 | Neftenbach | | 17.14,5 | 3.48,4 | 7488 |
| 63. | Scattolin Marco | 1973 | Walde SG | | 17.15,7 | 3.49,6 | 4530 |

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| Rang | Name und Vorname | Jg | Land/Ort | Team | Zeit | Abstand | Stnr |
|------|-----------------------|------|--------------------|------|---------|---------|------|
| 64. | Blumer Ruedi | 1957 | Gossau SG | | 17.20,4 | 3.54,3 | 4411 |
| 65. | Schnotz Marco | 1994 | Au SG | | 17.23,5 | 3.57,4 | 4541 |
| 66. | Scherrer Valentin | 1988 | Zürich | | 17.23,8 | 3.57,7 | 4532 |
| 67. | Signer Marco | 1992 | Engelburg | | 17.24,3 | 3.58,2 | 7669 |
| 68. | Koller Hannes | 1994 | Teufen AR | | 17.25,7 | 3.59,6 | 4487 |
| 69. | Gugelmann Andreas | 1967 | Oberuzwil | | 17.27,3 | 4.01,2 | 4457 |
| 70. | Bressan Sven | 1987 | Herisau | | 17.28,2 | 4.02,1 | 4416 |
| 71. | Löpfe Lukas | 1993 | Häggenschwil | | 17.28,3 | 4.02,2 | 7225 |
| 71. | Stock Christoph | 1973 | Appenzell | | 17.28,3 | 4.02,2 | 7469 |
| 73. | Schildknecht Roman | 1985 | Gossau SG | | 17.28,9 | 4.02,8 | 4535 |
| 74. | Feuz Niklaus | 1988 | Amriswil | | 17.29,6 | 4.03,5 | 4434 |
| 75. | Lauener Dario | 1993 | Niederglatt SG | | 17.31,6 | 4.05,5 | 4496 |
| 75. | Rechsteiner Benjamin | 1989 | Gossau SG | | 17.31,6 | 4.05,5 | 7910 |
| 77. | Kleger Florian | 1989 | Mörschwil | | 17.33,7 | 4.07,6 | 4484 |
| 78. | Herde Nicolas | 1992 | St. Gallen | | 17.34,6 | 4.08,5 | 7671 |
| 79. | Koller Matthias | 1994 | Muolen | | 17.34,9 | 4.08,8 | 4489 |
| 80. | Reisser Moritz | 1990 | Gossau SG | | 17.35,7 | 4.09,6 | 4521 |
| 81. | Hug Norbert | 1956 | Gossau SG | | 17.35,8 | 4.09,7 | 4476 |
| 82. | Süess Raphael | 1983 | Arnegg | | 17.36,1 | 4.10,0 | 7320 |
| 83. | Heierli Mario | 1984 | St. Gallen | | 17.39,5 | 4.13,4 | 4467 |
| 84. | Müller Peter | 1983 | Herisau | | 17.40,3 | 4.14,2 | 4511 |
| 85. | Amstutz Philipp | 1978 | Gais | | 17.40,8 | 4.14,7 | 7886 |
| 86. | Scherrer Adrian | 1986 | Herisau | | 17.41,6 | 4.15,5 | 4531 |
| 87. | Süess Kevin | 1990 | Andwil SG | | 17.45,7 | 4.19,6 | 7594 |
| 88. | Roelli Luca | 1994 | St. Gallen | | 17.46,9 | 4.20,8 | 7301 |
| 89. | Walther Stefan | 1981 | Zürich | | 17.50,9 | 4.24,8 | 4564 |
| 90. | Hugo Felix | 1965 | Engelburg | | 17.54,0 | 4.27,9 | 7623 |
| 91. | Sigrist René | 1983 | St. Gallen | | 17.56,3 | 4.30,2 | 4549 |
| 92. | Signer Silvan | 1988 | Niederhelfenschwil | | 17.58,3 | 4.32,2 | 4548 |
| 93. | Wittwer Peter | 1954 | Wittenbach | | 17.59,4 | 4.33,3 | 4572 |
| 94. | Allenspach Stefan | 1969 | Herisau | | 17.59,7 | 4.33,6 | 4403 |
| 95. | Kast Reto | 1979 | Rehetobel | | 18.00,4 | 4.34,3 | 4481 |
| 96. | Weiler Christoph | 1956 | St. Gallen | | 18.01,4 | 4.35,3 | 4567 |
| 97. | Gort Michael | 1990 | Kaltbrunn | | 18.02,4 | 4.36,3 | 4449 |
| 98. | Weishaupt Guido | 1974 | St. Gallen | | 18.03,0 | 4.36,9 | 4568 |
| 99. | Keller Christoph | 1969 | Hauptwil | | 18.04,2 | 4.38,1 | 4482 |
| 100. | Hefti Dario | 1993 | Gossau SG | | 18.05,7 | 4.39,6 | 4466 |
| 101. | Schönenberger Bruno | 1960 | Niederwil SG | | 18.06,9 | 4.40,8 | 7718 |
| 102. | Rutz Thomas | 1983 | Arnegg | | 18.08,2 | 4.42,1 | 7462 |
| 103. | Sebben Paolo | 1965 | Rudolfstetten | | 18.13,5 | 4.47,4 | 4546 |
| 104. | Jäger Philipp | 1996 | Niederbüren | | 18.15,9 | 4.49,8 | 4006 |
| 105. | Jäger Andreas | 1964 | Niederbüren | | 18.16,4 | 4.50,3 | 4478 |
| 106. | Ledergerber Erwin | 1955 | Gossau SG | | 18.19,8 | 4.53,7 | 4497 |
| 107. | Heinimann Michael | 1978 | Andwil SG | | 18.20,2 | 4.54,1 | 4468 |
| 108. | Tres Ivo | 1994 | Glarus | | 18.20,9 | 4.54,8 | 4560 |
| 109. | Meili Jürg | 1958 | Netstal | | 18.21,0 | 4.54,9 | 4505 |
| 110. | Hämmerli Markus | 1966 | Arnegg | | 18.24,9 | 4.58,8 | 4462 |
| 111. | Satteli Patrick | ???? | Thal | | 18.25,3 | 4.59,2 | 4529 |
| 112. | Schönenberger Dominik | 1994 | Oberhelfenschwil | | 18.25,4 | 4.59,3 | 4542 |
| 113. | Delco Christian | 1984 | Lamone | | 18.25,5 | 4.59,4 | 4423 |
| 114. | Ochsner Reto | 1970 | Andwil SG | | 18.26,0 | 4.59,9 | 4514 |
| 115. | Hartmann Urs | 1967 | Herisau | | 18.28,8 | 5.02,7 | 4464 |
| 116. | Zeller Marcel | 1976 | Andwil SG | | 18.37,5 | 5.11,4 | 4576 |
| 117. | Mettler Christoph | 1997 | Flawil | | 18.38,0 | 5.11,9 | 4508 |
| 118. | Gantenbein Florian | 1970 | Gossau SG | | 18.39,2 | 5.13,1 | 7514 |
| 119. | Wick Stefan | 1956 | Berg TG | | 18.39,9 | 5.13,8 | 4570 |
| 120. | Brandes Michael | 1988 | Berg SG | | 18.42,8 | 5.16,7 | 7705 |
| 121. | Zuber Ralf | 1960 | St. Gallen | | 18.43,3 | 5.17,2 | 4580 |
| 122. | Feusi Stefan | 1983 | Gossau SG | | 18.44,3 | 5.18,2 | 7238 |
| 123. | Baumgartner Florian | 1994 | Mörschwil | | 18.45,1 | 5.19,0 | 4407 |
| 124. | Hug Bryan | 1999 | Gams | | 18.45,5 | 5.19,4 | 4475 |
| 125. | Morger Daniel | 1982 | Waldkirch | | 18.45,7 | 5.19,6 | 7442 |
| 126. | Koller Lukas | 1998 | Teufen AR | | 18.47,2 | 5.21,1 | 3827 |

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| Rang | Name und Vorname | Jg | Land/Ort | Team | Zeit | Abstand | Stnr |
|------|----------------------|------|-------------------|------|---------|---------|------|
| 127. | Crisafulli Antonino | 1964 | Walenstadt | | 18.48,4 | 5.22,3 | 4422 |
| 128. | Poltéra Sandro | 1985 | Oberbüren | | 18.49,5 | 5.23,4 | 4518 |
| 129. | Brunner Peter | 1958 | St. Gallen | | 18.50,2 | 5.24,1 | 4418 |
| 130. | Egli Sven | 1985 | Gossau SG | | 18.53,4 | 5.27,3 | 7648 |
| 131. | Egli Michael | 1979 | Herisau | | 18.56,0 | 5.29,9 | 4427 |
| 132. | Ammann Hansruedi | 1950 | Bettwiesen | | 18.56,7 | 5.30,6 | 6102 |
| 133. | Müller Stefan | 1984 | Bütschwil | | 18.58,4 | 5.32,3 | 4512 |
| 134. | Oberhänsli Simon | 1987 | Bronschhofen | | 19.00,4 | 5.34,3 | 4513 |
| 135. | Eigenmann Jan | 1975 | Arnegg | | 19.00,9 | 5.34,8 | 7286 |
| 136. | Schluep Remo | 1991 | Herisau | | 19.01,7 | 5.35,6 | 4539 |
| 137. | Koller Martin | 1962 | Oberbüren | | 19.03,0 | 5.36,9 | 7385 |
| 138. | Wick Janosch | 1999 | Andwil SG | | 19.05,8 | 5.39,7 | 4569 |
| 139. | von Gunten Michael | 1980 | St. Gallen | | 19.08,6 | 5.42,5 | 4563 |
| 140. | Schwarz Jürg | 1961 | Rickenbach b. Wil | | 19.10,3 | 5.44,2 | 4544 |
| 141. | Germann Daniel | 1984 | Muolen | | 19.12,8 | 5.46,7 | 4447 |
| 142. | Schläpfer Marcel | 1968 | Oberbüren | | 19.13,4 | 5.47,3 | 4537 |
| 143. | Föllmi Konrad | 1944 | Herisau | | 19.13,7 | 5.47,6 | 4460 |
| 144. | Zwicker Christian | 1967 | Gossau SG | | 19.16,1 | 5.50,0 | 7306 |
| 145. | Rhyner Peter | 1974 | Mogelsberg | | 19.17,3 | 5.51,2 | 4522 |
| 146. | Vogel Jonathan | 1994 | Bühler | | 19.20,9 | 5.54,8 | 4562 |
| 147. | Egeter Michael | 1987 | Berg SG | | 19.22,5 | 5.56,4 | 7706 |
| 148. | Huber Lukas | 1991 | Häggenschwil | | 19.22,6 | 5.56,5 | 7226 |
| 149. | Somm Hans-Peter | 1968 | Wilten bei Wil | | 19.23,0 | 5.56,9 | 4551 |
| 150. | Gerlach Marcus | 1978 | Eschlikon TG | | 19.23,4 | 5.57,3 | 4446 |
| 151. | Aerne Ueli | 1972 | Horn | | 19.23,6 | 5.57,5 | 4401 |
| 152. | Brülisauer Marco | 1986 | Berg TG | | 19.24,1 | 5.58,0 | 7890 |
| 153. | Steiner Hansjörg | 1990 | Augst BL | | 19.25,3 | 5.59,2 | 5366 |
| 154. | Brühwiler Ivo | 1967 | Flawil | | 19.28,0 | 6.01,9 | 4417 |
| 155. | Hersche Stefan | 1986 | Appenzell | | 19.31,6 | 6.05,5 | 4469 |
| 156. | Herzog Kurt | 1958 | Gossau SG | | 19.39,1 | 6.13,0 | 4470 |
| 157. | Harder Theo | 1994 | Gossau SG | | 19.39,8 | 6.13,7 | 7387 |
| 158. | Mettler Andreas | 1967 | Flawil | | 19.43,2 | 6.17,1 | 4507 |
| 159. | Lämmli Mathias | 1992 | Waldstatt | | 19.44,1 | 6.18,0 | 4495 |
| 160. | Wohlgensinger Hubert | 1967 | Arnegg | | 19.56,2 | 6.30,1 | 4573 |
| 161. | Meier Beat | 1954 | Oberriet SG | | 19.59,3 | 6.33,2 | 4504 |
| 162. | Engeler Philipp | 1989 | Illnau | | 20.00,6 | 6.34,5 | 4429 |
| 163. | Schläpfer Edwin | 1985 | Flawil | | 20.03,5 | 6.37,4 | 4536 |
| 164. | Ammann Daniel | 1987 | Bettwiesen | | 20.07,0 | 6.40,9 | 7347 |
| 165. | Ruch Stefan | 1963 | Niederwil SG | | 20.08,6 | 6.42,5 | 4525 |
| 166. | Schildknecht Philipp | 1989 | Amriswil | | 20.14,5 | 6.48,4 | 4534 |
| 167. | Zuber Martin | 1985 | St. Gallen | | 20.17,3 | 6.51,2 | 4579 |
| 168. | Jutz Matthias | 1966 | Horn | | 20.17,6 | 6.51,5 | 7616 |
| 169. | Feusi Heinz | 1955 | Gossau SG | | 20.20,2 | 6.54,1 | 4433 |
| 169. | Schnyder Christian | 1989 | Innerthal | | 20.20,2 | 6.54,1 | 7898 |
| 171. | Strässle Reto | 1976 | Gossau SG | | 20.21,9 | 6.55,8 | 7362 |
| 172. | Brandenberg Patrik | 1993 | Teufen AR | | 20.25,6 | 6.59,5 | 4415 |
| 173. | Tanner Stephan | 1981 | Niederwil SG | | 20.29,2 | 7.03,1 | 4559 |
| 174. | Huser Sascha | 1986 | Steinach | | 20.30,9 | 7.04,8 | 7715 |
| 175. | Ledergerber Victor | 1957 | Arnegg | | 20.33,4 | 7.07,3 | 4498 |
| 176. | Roth Simon | 1981 | Jona | | 20.36,5 | 7.10,4 | 7884 |
| 177. | Grasso Andrea | 1966 | St. Gallen | | 20.40,3 | 7.14,2 | 7334 |
| 178. | Bohren Marco | 1974 | Waldkirch | | 20.44,7 | 7.18,6 | 4412 |
| 179. | Weber Adrian | 1992 | Wil SG | | 20.45,8 | 7.19,7 | 4565 |
| 180. | Schweizer Jannik | 1991 | Wil SG | | 20.48,2 | 7.22,1 | 4545 |
| 181. | Staub Valentin | 1995 | Hünenberg | | 20.48,6 | 7.22,5 | 7411 |
| 182. | Hug Andre | 1964 | Gams | | 20.51,0 | 7.24,9 | 4474 |
| 183. | Trütsch Hanspeter | 1953 | St. Gallen | | 20.51,2 | 7.25,1 | 7709 |
| 184. | Wäger Christoph | 1960 | Herisau | | 20.51,4 | 7.25,3 | 7365 |
| 185. | Senteler Walter | 1950 | Gossau SG | | 20.52,2 | 7.26,1 | 4547 |
| 186. | Huber Frank | 1969 | Waldkirch | | 21.03,8 | 7.37,7 | 7330 |
| 187. | Lehner Roland | 1954 | Niederwil SG | | 21.04,4 | 7.38,3 | 4499 |
| 188. | Halbheer Richard | 1953 | Winterthur | | 21.06,3 | 7.40,2 | 7711 |
| 189. | Tres Patrizio | 1963 | Netstal | | 21.06,4 | 7.40,3 | 4561 |

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| Rang | Name und Vorname | Jg | Land/Ort | Team | Zeit | Abstand | Stnr |
|------|-----------------------|------|------------------|------|---------|---------|------|
| 190. | Holenweg Philipp | 1975 | Winterthur | | 21.09,2 | 7.43,1 | 4471 |
| 191. | Bucher Sven | 1994 | Niederbüren | | 21.10,2 | 7.44,1 | 7896 |
| 191. | Küng Lukas | 1993 | Wil SG | | 21.10,2 | 7.44,1 | 4493 |
| 193. | Koch Sean | 1994 | Wil SG | | 21.10,8 | 7.44,7 | 4486 |
| 194. | Regazzoni Dario | 1993 | Jonschwil | | 21.10,9 | 7.44,8 | 4520 |
| 195. | Bavone Ilario | 1970 | Arbon | | 21.14,0 | 7.47,9 | 7388 |
| 195. | Gubbini Domenico | 1969 | Gossau SG | | 21.14,0 | 7.47,9 | 4455 |
| 197. | Staub Markus | 1962 | Hünenberg | | 21.14,8 | 7.48,7 | 7412 |
| 198. | Anliker Jérôme | 1994 | Tobel | | 21.18,2 | 7.52,1 | 7894 |
| 199. | Ceko Meriten | 1992 | Wil SG | | 21.19,5 | 7.53,4 | 7893 |
| 200. | Manser Fabian | 1985 | St. Gallen | | 21.20,9 | 7.54,8 | 7241 |
| 201. | Rutsch Heiko | 1979 | St. Gallen | | 21.21,2 | 7.55,1 | 4527 |
| 202. | Kargel Marc | 1986 | Gossau SG | | 21.23,2 | 7.57,1 | 4479 |
| 203. | Hörler Marc | 1994 | Gossau SG | | 21.23,4 | 7.57,3 | 7263 |
| 204. | Grünenfelder Marc | 1992 | Engelburg | | 21.24,8 | 7.58,7 | 7684 |
| 205. | Lungaretti Stefano | 1981 | Wil SG | | 21.26,4 | 8.00,3 | 4503 |
| 206. | Perrin Guy | 1968 | Arnegg | | 21.33,4 | 8.07,3 | 7267 |
| 207. | Fröhlich Marcel | 1965 | Goldach | | 21.38,9 | 8.12,8 | 4440 |
| 208. | Rodighiero Heinz | 1964 | Flawil | | 21.47,2 | 8.21,1 | 4523 |
| 209. | Zurfluh Clemens | 1962 | Waldstatt | | 21.51,6 | 8.25,5 | 4581 |
| 210. | Tauber Thomas | 1974 | Hauptwil | | 21.54,2 | 8.28,1 | 7333 |
| 211. | Lenz Roger | 1968 | Gossau | | 21.54,3 | 8.28,2 | 4501 |
| 212. | Fallegger Hans-Jörg | 1964 | Uitikon Waldegg | | 21.54,5 | 8.28,4 | 26 |
| 213. | Stanisic Bojan | 1985 | Gossau SG | | 21.56,6 | 8.30,5 | 4555 |
| 214. | Ebnetter Albert | 1955 | Niederwil SG | | 22.05,3 | 8.39,2 | 4426 |
| 215. | Lenz Patrick | 1970 | Rossrüti | | 22.11,5 | 8.45,4 | 4500 |
| 216. | Ampert Andre | 1968 | Waldstatt | | 22.11,7 | 8.45,6 | 4404 |
| 217. | Rüdlinger Hans | 1958 | Niederuzwil | | 22.18,1 | 8.52,0 | 7615 |
| 218. | Schönenberger Florin | 1988 | Azmoos | | 22.21,3 | 8.55,2 | 4543 |
| 219. | Kobler Roger | 1979 | Gossau SG | | 22.44,7 | 9.18,6 | 4485 |
| 220. | Koller Thomas | 1979 | Herisau | | 22.44,8 | 9.18,7 | 4490 |
| 221. | Zeller Ralf | 1980 | Andwil SG | | 22.45,3 | 9.19,2 | 4577 |
| 222. | Galluccio Alessandro | 1997 | Gossau SG | | 22.53,7 | 9.27,6 | 7252 |
| 223. | Demmel Christoph | 1955 | Oberindal | | 22.56,1 | 9.30,0 | 7454 |
| 224. | Keller Markus | 1975 | Gossau SG | | 23.02,2 | 9.36,1 | 4483 |
| 225. | Bühler Paul | 1942 | St. Gallen | | 23.02,7 | 9.36,6 | 4420 |
| 226. | Gübeli Stefan | 1983 | St. Gallen | | 23.07,1 | 9.41,0 | 4456 |
| 227. | Hafner Hubert | 1968 | Oberbüren | | 23.07,2 | 9.41,1 | 4458 |
| 228. | Peyer Roland | 1959 | Schwarzenbach SG | | 23.31,0 | 10.04,9 | 7880 |
| 229. | Nogler Simon | 1988 | Zürich | | 23.31,4 | 10.05,3 | 7674 |
| 230. | Galluccio Mario | 1969 | Gossau SG | | 23.49,4 | 10.23,3 | 7251 |
| 231. | Bargues Vinzenz | 1960 | Niederwil SG | | 23.53,0 | 10.26,9 | 4405 |
| 232. | Egger David | 1968 | Gossau SG | | 24.04,8 | 10.38,7 | 7346 |
| 233. | Weibel Hans | 1942 | Jonschwil | | 24.06,0 | 10.39,9 | 4566 |
| 234. | Fausch Jörg | 1963 | Frauenfeld | | 24.20,9 | 10.54,8 | 4432 |
| 235. | Durrer Willy | 1955 | Gossau SG | | 24.43,6 | 11.17,5 | 4425 |
| 236. | Koller Martin | 1980 | Gossau SG | | 24.46,5 | 11.20,4 | 4488 |
| 237. | Häne Alain | 1983 | Gossau SG | | 24.46,7 | 11.20,6 | 4463 |
| 238. | Lumpert Dominique | 1960 | Flawil | | 25.31,6 | 12.05,5 | 5335 |
| 239. | Stahlke Bastian | 1976 | St. Gallen | | 26.31,5 | 13.05,4 | 4554 |
| 240. | Fröhlich Pascal | 1981 | Niederuzwil | | 26.37,9 | 13.11,8 | 4441 |
| 241. | Hottinger Marius | 2003 | Wittenwil | | 26.39,8 | 13.13,7 | 4472 |
| 242. | Hottinger Peter | 1962 | Wittenwil | | 26.44,2 | 13.18,1 | 4473 |
| 243. | Fricker Bruno | 1979 | Oberuzwil | | 27.26,5 | 14.00,4 | 4439 |
| 244. | Gerber Peter | 1945 | Herisau | | 28.42,4 | 15.16,3 | 4445 |
| 245. | Stricker Albert | 1923 | St. Gallen | | 28.55,2 | 15.29,1 | 4558 |
| 246. | Baumgartner Christoph | 1946 | St. Gallen | | 31.10,0 | 17.43,9 | 4406 |
| 247. | Halter Pascal | 1982 | Gossau SG | | 34.09,6 | 20.43,5 | 4461 |
| 248. | Hörler Alex | 1963 | Gossau SG | | 34.10,2 | 20.44,1 | 7261 |
| 249. | Fischli Patrick | 1972 | Gossau SG | | 34.11,8 | 20.45,7 | 4435 |
| 250. | Engetschwiler Peter | 1967 | Herisau | | 34.11,9 | 20.45,8 | 4430 |
| 251. | Buhl Thomas | 1967 | Wil SG | | 34.13,3 | 20.47,2 | 4419 |

Total klassiert: 251