

# IRONMAN Germany 70.3 16. August 2009, Wiesbaden (D) (Ergebnis)

Datum: 16.08.09  
Zeit: 18:23:26  
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## (221) Ironman F18-24

| place | name                      | nat | year | country/city              | time      | diff      | overall | bip | swim    | tr1 | bike   | tr2       | run |        |           |    |
|-------|---------------------------|-----|------|---------------------------|-----------|-----------|---------|-----|---------|-----|--------|-----------|-----|--------|-----------|----|
| 1.    | Hedwig Lilian             | GER | 1987 | LTV Erfurt                | 5:24.13,7 | -----     | 17.     | 500 | 31.04,4 | 1.  | 2.43,6 | 3:01.29,4 | 1.  | 1.04,4 | 1:47.51,9 | 2. |
| 2.    | Fliegel Vanessa           | GER | 1986 | ALV-Mainz                 | 5:32.58,0 | 8.44,3    | 27.     | 472 | 35.36,3 | 4.  | 3.37,6 | 3:03.47,2 | 2.  | 0.44,0 | 1:49.12,9 | 3. |
| 3.    | Nakissa Kathleen          | GER | 1985 | LLG Wonnegau              | 5:42.41,5 | 18.27,8   | 38.     | 582 | 41.36,6 | 6.  | 3.10,8 | 3:11.12,0 | 3.  | 1.01,8 | 1:45.40,3 | 1. |
| 4.    | Westerhorstmann Christine | GER | 1986 | Idarer TV                 | 6:04.07,2 | 39.53,5   | 81.     | 702 | 31.23,1 | 2.  | 3.46,2 | 3:21.50,5 | 4.  | 1.37,1 | 2:05.30,3 | 5. |
| 5.    | Landmann Alina            | GER | 1987 | Ruderclub Nassovia Höchst | 6:33.08,3 | 1:08.54,6 | 151.    | 547 | 40.44,7 | 5.  | 3.25,0 | 3:27.49,9 | 5.  | 3.10,9 | 2:17.57,8 | 6. |
| 6.    | Djurberg Ebba             | SWE | 1987 | Stockholm City Triathlon  | 6:34.09,1 | 1:09.55,4 | 153.    | 451 | 41.40,9 | 7.  | 7.04,4 | 3:47.01,9 | 9.  | 3.12,3 | 1:55.09,6 | 4. |
| 7.    | Ortigao Julia             | GER | 1988 | Freundeskreis             | 6:41.10,6 | 1:16.56,9 | 168.    | 591 | 42.46,7 | 8.  | 3.47,5 | 3:33.13,8 | 6.  | 1.37,1 | 2:19.45,5 | 7. |
| 8.    | Breitsprecher Sara        | GER | 1986 | SC Oberursel              | 6:43.18,0 | 1:19.04,3 | 176.    | 434 | 34.27,5 | 3.  | 4.29,6 | 3:39.27,1 | 7.  | 1.20,2 | 2:23.33,6 | 8. |
| 9.    | Ortigao Alice             | GER | 1988 | Frankfurt am Main         | 6:57.41,7 | 1:33.28,0 | 206.    | 590 | 43.38,1 | 9.  | 4.13,4 | 3:41.33,6 | 8.  | 1.34,1 | 2:26.42,5 | 9. |

Total klassiert: 9