



Freitag 6.11.2009 **PHOENIX-SPRINT**  
 Samstag 7.11.2009 **RUHRKLIPPEN-TRAIL**  
 Sonntag 8.11.2009 **BITTERMARK-RUN**

# 3 Days

Worldmasters - Windstopper Trailrun Worldmasters 2009, Dortmund (D) - Bittermark-Run

Datum: 08.11.09  
 Zeit: 13:45:50  
 Seite: 1

## (22) Master-Women

| Rang | Name und Vorname        |    |                   |    | Jg        | Team/Ortschaft | Total     | Abstand   | Overall |     |
|------|-------------------------|----|-------------------|----|-----------|----------------|-----------|-----------|---------|-----|
|      | Phoenix-Sprint          |    | Ruhrklippen-Trail |    |           | Bittermark-Run |           |           |         |     |
| 1.   | <b>Wietscher Antje</b>  |    |                   |    | 1956      | Leichlingen    | 5:11.56,1 | -----     | O-Wom   | 10. |
|      | 21.42,9                 | 1. | 3:06.52,8         | 1. | 1:43.20,4 | 1.             |           |           |         |     |
| 2.   | <b>Fuhrmann Carmen</b>  |    |                   |    | 1959      | Nürnberg       | 5:16.02,0 | 4.05,9    | O-Wom   | 12. |
|      | 23.38,7                 | 2. | 3:08.49,6         | 2. | 1:43.33,7 | 2.             |           |           |         |     |
| 3.   | <b>Perkampus Ingrid</b> |    |                   |    | 1941      | Johannesberg   | 6:25.54,6 | 1:13.58,5 | O-Wom   | 30. |
|      | 26.03,1                 | 3. | 3:56.59,3         | 3. | 2:02.52,2 | 3.             |           |           |         |     |
| 4.   | <b>Freund Erika</b>     |    |                   |    | 1940      | Kahl am Main   | 6:50.13,3 | 1:38.17,2 | O-Wom   | 34. |
|      | 29.12,2                 | 4. | 4:06.41,1         | 4. | 2:14.20,0 | 4.             |           |           |         |     |

Total: 4

